



# Smoke In The Air

[www.ocfa.org](http://www.ocfa.org)

Smoke drifting from wildfires may pose a health danger to individuals in Orange County, especially those in certain high-risk groups, such as:

- Individuals with heart and respiratory diseases.
- Older adults.
- Children.
- Pregnant women.

Air pollution levels from the fire can change rapidly, depending on weather conditions, so health officials generally recommend that individuals in these high-risk groups take precautions until the situation is over.

- Limit outdoor and physical exertion.
- Keep windows and doors in your home close.
- Use your air conditioner on the re-circulate mode if a choice of air source is available.
- Keep your mouth and nasal passageways moist by drinking lots of water, to help your body filter out potentially harmful particles in the smoke.
- Contact your doctor if you have symptoms such as chest pain, chest tightness, shortness of breath or severe fatigue.
- Making sure those with asthma follow an asthma management plan and have at least a five-day supply of medication on hand.

**For Information on Fires in Orange County, visit the Orange County Fire Authority website at [www.ocfa.org](http://www.ocfa.org) or call (714) 573-6200.**

# For More Information

## If You Are Asked to Shelter in Place at Homes, Business and Schools:

- Have a kit and have a plan - kits should include food, water, supplies and medications for at least three days.
- Include medical instructions for teachers and caregivers.
- Keep windows and doors closed.
- Keep Air Conditioner turned on with a new filter in place.
- Do not add any more dust or aerosols to indoor air.

## In case of a medical emergency:

- Even if you are sheltering in place or at your home or school or at an evacuation shelter, you should dial 9-1-1. Paramedics and an ambulance will respond to your location.

## For Information on Evacuations in Orange County, visit:

- Sheriff's Department at [www.ocsd.org](http://www.ocsd.org), or
- Your local police department's website.

## For Information on Road Closures and Traffic Conditions, visit:

- Cal-Trans at [www.dot.ca.gov](http://www.dot.ca.gov) or call (800) 427-7623.

## For Information on School Closures, call:

- Your local principal.
- Your school district office.

## For Information on Evacuation Shelters, visit:

- American Red Cross at [www.oc-redcross.org](http://www.oc-redcross.org).

## For Information on Air Pollution Concerns, visit:

- Smoke Impact: [www.airquality.org/smokeimpact](http://www.airquality.org/smokeimpact).
- AQMD Air Quality Forecast at [www.aqmd.gov/telemweb/Forecast.aspx](http://www.aqmd.gov/telemweb/Forecast.aspx).
- U.S. Government Cross-Agency Information:  
[www.airnow.gov](http://www.airnow.gov).
- Wildfire Smoke: A Guide for Public Officials:  
[www.oehha.ca.gov/air/risk\\_assess/wildfirev8.pdf](http://www.oehha.ca.gov/air/risk_assess/wildfirev8.pdf).

*Unless there is a life-threatening emergency, do not call 9-1-1.*