



Children Act Fast...So Does Poison!

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A poison exposure is the ingestion of, or contact with a substance that can produce toxic effects. Both children and poisons act fast. This flier shows the importance of responsibility upon parents, grandparents, and other caregivers in preventing poisonings in the home.

Most Dangerous Poisons:

- ✚ Medicines – including iron pills
- ✚ Cleaning products – including those that can cause burns such as drain openers, toilet bowl cleaners, oven cleaner, rust remover, bleach, pool supplies
- ✚ Antifreeze
- ✚ Windshield washer fluid
- ✚ Hydrocarbons – including furniture polish, lighter fluid, lamp oil, kerosene, turpentine and paint thinner
- ✚ Carbon monoxide
- ✚ Pesticides and fertilizers
- ✚ Mushrooms
- ✚ Houseplants – including philodendron, lily, and berries from mistletoe and holly.

**If poisoning occurs,
do not induce vomiting
unless instructed.**

**Call 911 and Call Poison
Control at 1-800-222-1222**

What to do if a Poisoning Occurs

Stay calm and immediately call poison control at 1-800-222-1222 and have the following information ready:

- ✚ Child's condition, age and weight
- ✚ Product bottles or containers
- ✚ Time of poisoning
- ✚ Your name and telephone number
- ✚ Follow instructions from the poison control center.



Poison Prevention Tips

Children are poisoned by household chemicals including medicines, vitamins, personal care products, plants, lead and carbon monoxide (CO). The exposure risk can be reduced by these simple steps:

- ✚ Lock up all household products and medications out of children's sight and reach.
- ✚ Never leave potentially poisonous household products unattended.
- ✚ Use household products that are available in child-resistant packaging. Make sure to have safety packaging for prescription medicines.
- ✚ Be as careful with non-prescription medicines as you are with prescription medications. To avoid confusion, do not refer to medications as "candy" or take them in front of children.
- ✚ Read and follow labels when using any household product or medication.
- ✚ Lock and store chemicals and medications in their original containers with labels.
- ✚ Install carbon monoxide detectors in your home. Ensure that space heaters, furnaces, fireplaces, and wood-burning stoves are vented properly and inspected annually.
- ✚ Keep houseplants out of the reach of children and pets.
- ✚ Remove unnecessary household hazardous materials and medicines from the home by disposing of them safely and properly at a **household hazardous waste collection site or by calling (714) 834-6752.**

Each year, poison control centers report nearly one million calls. Thirty children die from accidental poisonings nationwide.

For More Information

www.calpoison.org

www.safekids.org

www.cpsc.gov

www.poisonprevention.org

www.aapcc.org

www.ochealthinfo.com

www.dhs.ca.gov